



#1 Health & Fitness Platform – all in one place. Use your credits to reserve classes, activate gym memberships and gain unlimited access to the best digital fitness & wellness content.

## Get Started

1. Go to: [fitonhealth.com/register](https://fitonhealth.com/register)
2. Enter your email & choose a password
3. Verify your eligibility by entering your full legal name, birthday, and zip code.

**Can't find your favorite facility? Share it with us so our team can add it.**

Visit: [fitonhealth.com/request](https://fitonhealth.com/request)

## Plus so much more...



On-demand fitness and wellness classes



Nutrition programs with 500+ exclusive recipes



Step & workout challenges to help keep you motivated



Invite & workout with friends and co-workers

## Get Active

After signing in, click the **Digital** tab to access unlimited on-demand workouts or tap on the **In-Person** tab to find a favorite gym or studio to select a membership or upcoming class.

### For Classes or Day Passes

Choose the Date & Time for your class, select "Reserve Class" and then tap to confirm.

### For Memberships

Signup for a membership by selecting "Purchase Membership", then tap to confirm.

After purchase please check your inbox for an email receipt and any additional instructions.

### For Digital

Find exactly what you're in the mood for by browsing all our available options:

- **Genre:** cardio, strength, yoga, etc.
- **Length:** 5, 10, 15, 20, 30 or 45 min
- **Intensity:** low, medium or high
- **Trainer:** choose from 50+ experts
- Challenges, Experiences, and more!

## Have Questions?

[fitonhealth.com/help](https://fitonhealth.com/help)

[support@fitonhealth.com](mailto:support@fitonhealth.com)

[fitonhealth.com/aetna](https://fitonhealth.com/aetna)

Peerfit, Inc. d/b/a FitOn Health, is an independent provider of fitness and wellness technologies, helping the world be more active and live healthier lives by building a category-defining health and wellness platform with unique whole-health solutions. For more information, please contact us at [support@fitonhealth.com](mailto:support@fitonhealth.com).

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