

# PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

#### PLAN FEATURES IN-NETWORK DESIGNATED PROVIDERS

**Benefit limitations** - Some service or supplies have limits on them per year. There might be a maximum number of visits or days, or a dollar limit per year. In such cases, the benefit year begins on January 1 (unless otherwise noted). Refer to your plan documents to learn more.

**Deductible** (per calendar year) None Individual

None Family

The amount you pay (cost sharing) for some medical services does not count toward your deductible. Prescription drug costs do not count toward the deductible. Refer to your plan documents for details.

Out-of-pocket limit (per calendar

\$2,500 per Individual

year)

\$5,000 per Family

Some of your cost sharing may not count toward the out-of-pocket limit.

Your pharmacy expenses count toward your out-of-pocket limit.

In-Network expenses include coinsurance/copays and deductibles.

Your family will have one out-of-pocket limit. You will meet it when the expenses of several family members add up to the family out-of-pocket limit. No one person will have to pay more than the individual out-of-pocket limit amount.

Lifetime maximum	Unlimited except where otherwise indicated.
Primary care physician selection	Required
Referral requirement	You'll need a PCP referral for most in-network services

**Telehealth consultations** - You can access covered services for telehealth visits from different kinds of providers in your network. Log on to **Aetna.com** to see a list of telehealth providers. You'll also find more about your options, including cost share amounts.

**Network Designations**- In order to be covered at the preferred in-network benefit level you must use a designated provider for care. If you receive care from a non-designated provider your care may not be covered.

PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDERS
Routine adult physical exams/	Covered 100%

immunizations

1 exam every 12 months

Routine well child exams Covered 100%

- 7 exams in the first 12 months
- 3 exams from age 13 months to 24 months
- 3 exams from age 25 months to 36 months
- 1 exam every 12 months thereafter until age 22

Childhood immunizationsCovered 100%Routine gynecological care examsCovered 100%

1 exam and pap smear per year, including HPV screening and related fees

**Routine mammogram**Covered 100%

Recommended: One per year for members age 40 and over

Women's health Covered 100%

Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling.

Also includes: contraceptive methods (ACA mandated contraceptives, including contraceptives and devices you can't get at a pharmacy), sterilization procedures (including tubal ligation), patient education and counseling. Limits may apply.

Pre-natal maternity Covered 100%
Routine digital rectal exams / Covered 100%

Prostate specific antigen test

Recommended: For members age 40 and over



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Colorectal cancer screening	Covered 100%
Recommended: For all members age 4	5 and over.
Frequency schedule applies.	
Routine eye exams	Covered 100%
1 routine exam per 24 months.	
Direct access to participating providers	
Routine hearing screening	Covered 100%
PHYSICIAN SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Primary care physician visits	\$20 office visit copay
	al physician, family practitioner or pediatrician.
Telehealth consultation with non-	\$20 office visit copay
specialist	
Specialist office visits	\$40 office visit copay
Telehealth consultation with	\$40 office visit copay
specialist	
Walk-in clinics	\$20 copay
	Designated Walk-in clinics
	Covered 100%
	care facilities. Sometimes they may be within a pharmacy, drug store,
	offer some limited medical care and services.
	, emergency rooms, the outpatient department of a hospital, ambulatory
surgical centers, and physician offices.	
Telehealth consultations for non-	Your cost sharing amount depends on the type of service and where you
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emergency services through a walk-in clinic	receive it.
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Emergency use of ambulance \$100 copay  Non-emergency use of ambulance Not Covered  HOSPITAL CARE IN-NETWORK DESIGNATED PROVIDERS Inpatient coverage \$500 copay  When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Inpatient maternity coverage (includes delivery and postpartum care)  When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Outpatient surgery - hospital \$200 copay  When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.  Outpatient surgery - freestanding facility  When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.  Outpatient surgery - freestanding facility  When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.  MENTAL HEALTH SERVICES IN-NETWORK DESIGNATED PROVIDERS  Mental health inpatient \$500 copay  When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits during our excive.  Mental health office visits \$20 copay  Mental health office visits \$20 copay  Mental health services Covered 100%  When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.  SUBSTANCE ABUSE IN-NETWORK DESIGNATED PROVIDERS  Inpatient \$500 copay  When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  S500 copay  When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  S500 copay  When you're admitted into a facility for the care you need, your cost sharing amount counts towa	Non-emergency care in an	Not Covered
Not Covered  HOSPITAL CARE IN-NETWORK DESIGNATED PROVIDERS Inpatient coverage When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Covered 100% for Physician maternity services; \$500 copay for Facility Services  Covered 100% for Physician maternity services; \$500 copay for Facility Services  Coutpatient surgery - hospital When you're eadmitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits during your visit.  Outpatient surgery - freestanding facility When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.  MENTAL HEALTH SERVICES IN-NETWORK DESIGNATED PROVIDERS  Mental health inpatient S500 copay When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Mental health office visits \$20 copay  Mental health office visits \$20 copay  Mental health behealth \$20 office visit copay consultations  Other mental health services  Overed 100% When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits during your visit.  SUBSTANCE ABUSE Inpatient When you're admitted into a facility or the care you need, your cost sharing amount counts toward all covered benefits you receive.  Residential treatment facility \$500 copay When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Residential treatment facility \$500 copay When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.  Substance abuse office visits \$20 office vis	emergency room	4400
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Other substance abuse services When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.

Covered 100%



# PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

THERAPY SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Spinal manipulation therapy	\$10 copay
Limited to 30 visits per year	
Direct access to participating providers	without a referral.
Outpatient short-term	\$40 copay
rehabilitation	
Includes speech, physical, occupationa	I therapy
Habilitative physical therapy	Refer to MBH Outpatient Mental Health All Other
Habilitative occupational therapy	Refer to MBH Outpatient Mental Health All Other
Habilitative speech therapy	Refer to MBH Outpatient Mental Health All Other
Autism related physical therapy	Refer to MBH Outpatient Mental Health All Other
Autism related occupational	Refer to MBH Outpatient Mental Health All Other
therapy	
Autism related speech therapy	Refer to MBH Outpatient Mental Health All Other
Autism related behavioral therapy	Refer to MBH Outpatient Mental Health
These benefits are combined with outp	atient mental health visits.
Autism related applied behavior	Refer to MBH Outpatient Mental Health Other Services
analysis	
Your benefits for these services are the	same as any other outpatient mental health other services benefit
OTHER SERVICES	IN-NETWORK
Skilled nursing facility	\$500 copay
Limited to 100 days per year	
When you're admitted into a facility for	the care you need, your cost sharing amount counts toward all covered benefits
you receive.	
Home health care	\$40 copay
Limited to 120 visits per year	
Limited to three visits per day by staff fi	om a home health care agency. One visit equals a period of four hours or less.
Hospice care - inpatient	\$500 copay
When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits	
you receive.	
Hospice care - outpatient	Covered 100%
When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all	
covered benefits during your visit.	
Durable medical equipment	\$20 copay
Prosthetics	Covered 100%
Orthotics	Covered 100%
Orthotics and special footwear covered	
Diabetic supplies (if not covered	Covered same as any other medical expense.
under the prescription drug	
benefit)	
	V

You pay your prescription drug cost sharing amount if you have prescription drug coverage. If not, you pay your PCP visit cost sharing amount.



# PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

Infusion therapy	\$40 copay
Administered in the home or	
physician's office	
Infusion therapy - outpatient	Your cost sharing amount depends on the type of service and where you
hospital/freestanding facility	receive it.
Hearing aids	Not Covered
Transplants	\$500 copay
	In-network coverage is only available at Institutes of Excellence (IOE)
	contracted facility.
Bariatric surgery	\$500 copay
When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered	
benefits you receive.	
Acupuncture	\$15 copay
Limited to 20 visits per year	
FAMILY PLANNING	IN-NETWORK DESIGNATED PROVIDERS
Infertility treatment	Your cost sharing depends on the type of service and where you receive it.
	nation and the diagnosis and treatment of the underlying cause of infertility.
Advanced Reproductive	Not Covered
Technology (ART)	" ' ( (7)ET)
In-vitro fertilization (IVF), zygote intrafallopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), ovulation induction	
	ntracytoplasmic sperm injection (ICSI), or ovum microsurgery
Fertility preservation	Your cost sharing depends on the type of service and where you receive it.
Includes coverage for cryopreservation	
	occur as a result of certain types of medical treatment  Covered 100%; no deductible
Vasectomy	Covered 100%; no deductible  Covered 100%
Tubal ligation PRESCRIPTION DRUG BENEFITS	IN-NETWORK
Pharmacy plan type	Advanced Control Plan - Aetna: California
Prescription drug out-of-pocket	Prescription drug expenses apply to your medical out-of-pocket limit.
limit	
Generic drugs	¢10 conov
Retail Mail order	\$10 copay \$20 copay
Preferred brand-name drugs	920 COpay
Retail	\$30 copay
Mail order	\$60 copay
Non-preferred brand-name drugs	фоо сорау
Retail	\$50 copay
Mail order	\$100 copay
Specialty drugs	ψ.ου ουρωj
Preferred specialty	30%
	Maximum \$250
Non-preferred specialty	30%
prototion opposition	0050

Maximum \$250



# PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

Pharmacy day supply and requirements

Retail 1x retail copay for 30 day supply, 2x retail copay for 31-60 day supply, and 3x

retail copay for 61-90 day supply from Aetna National Network.

Mail order You can get a 31-90-day supply from CVS Caremark® Mail Service

Pharmacy.

**Specialty** You can get up to a 30-day supply of specialty drugs.

You must fill all specialty drugs through our preferred specialty pharmacy

network

Advanced Control Formulary Aetna Insured List

### Your prescription drug plan also includes:

Diabetic supplies

• \$25 copay maximum per fill per 30 day supply for formulary insulin drugs

• Prescription weight loss drugs

• Sexual dysfunction drugs, including daily dose, additional 6 tablets a month for erectile dysfunction

• A limited list of over-the-counter medications when filled with a prescription

## **Family planning**

· Oral fertility drugs included.

Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

### The following are covered 100% in-network:

- Oral chemotherapy drugs
- · Seasonal vaccinations
- Preventive vaccinations
- Affordable Care Act (ACA) eligible preventive medications

Refer to **Aetna.com** for a complete list of eligible prescription drugs.

### Precertification requirements -

Some covered prescription drugs need approval from us before we will cover the drug.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

#### **GENERAL PROVISIONS**

Dependents who are eligible to be on your plan

Spouse, children from birth to age 26. Student status of children does not matter.

### **Exclusions and Limitations**

Health benefits and health insurance plans are offered and/or underwritten by Aetna Health of California Inc. Each insurer has sole financial responsibility for its own products.

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.



## PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Durable medical equipment.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- · Hearing aids.
- · Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- · Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- · Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

If you require language assistance, please call the member services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).

Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).



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Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com**. While this material is believed to be accurate as of the production date, it is subject to change.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

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